



# LIGHTLY SPICED PIECES



# Lightly Spiced Pieces

No fuff, No Nasties, Just Damn Tasty



Our fantastic organic, handmade tofu but we've done the prep up front.

Available for professional kitchens in 1kg frozen packs.

Extra firm, seasoned and cook from frozen means these are ready to use. Convenient and delicious so perfect for your kitchen.



## Ingredients

Tofu (79%) (Water, **Soya** Beans, Nigari), Cornflour, Rapeseed Oil, Seasoning Mix (3.5%) (Salt, Dried Onion, Garlic Powder, Smoked Paprika, Light Brown Sugar (White Sugar, Cane Molasses), Yeast Extract, Cracked Black Pepper, Dried Parsley).

For allergens, see ingredients in **BOLD**.

## Typical Value Per 100g Cooked

Energy (kcal)	277
Energy (KJ)	1153
Protein	16.2
Carbohydrates	14.1
Of which sugars	1.3
Fat	17.0
Of which saturates	2.2
Fibre	1.2
Salt	1.15

Available frozen in 1kg format.

Get in touch: [foodservice@tofoo.co.uk](mailto:foodservice@tofoo.co.uk)

