



# NAKED



THE  
**TOFOO**  
Co.  
**PRO**

# Naked Tofoo

## No Faff, No Nasties, Just Damn Tasty



**We promise you, Tofoo is not like any other tofu!!**

Organic tofu, handmade in the UK with sustainably sourced ingredients to a traditional Japanese recipe.

Available for kitchens in 1kg packs, the extra firm texture means it's ready to use, so it is practical for your kitchen and perfect for your menu.



**THE TOFOO Co.**  
ORGANIC  
**NAKED** 1kg

Organic Naked Tofu, handmade to a traditional Japanese recipe that's really rather tasty.

**HOW TO DO TOFOO**  
Drain. No need to press - we're special like that. Chop, cook, enjoy. Or see a video and eat it cool - you - really eat their Tofoo cool.

**PREPARATION**  
For Heat 5 tbsp. Oil. Cook for 5-7 mins. Fry in a pan and fry, turning frequently. All appliances vary, these are guidelines only. Ensure tofu is piping hot before serving.

**INGREDIENTS**  
Tofu\* (Water, Soya Beans\* (36%), Nigari).  
\* Denotes organic ingredients.

**NUTRITIONAL INFO PER 100G**  
Energy 60kJ/14kcal, Fat 0.2g, of which saturates 0.2g, Carbohydrate 1.1g, of which sugars <0.2g, Fibre 1.1g, Protein 16.5g, Salt 0.06g.

**STORAGE**  
Keep refrigerated below 8°C. Once opened place in water in an airtight container, use within 6 days. Suitable for freezing but may change the texture. Freeze as soon as possible after purchase and use within 1 month. Defrost fully before use and use on the same day. Do not re-freeze.

**GET IN TOUCH**  
info@tofoo.co.uk

EU Organic Approved  
Vegan  
Gluten Free  
UK Approved  
Visit [tofoo.co.uk](http://tofoo.co.uk) for inspiration

08 450 0100  
E01208 (E) Agriculture Approved  
Produced by The Naked Company Ltd, 11th Floor, Addax, North Forelands, W20 6SD

The Tofoo Co. (limited) Ltd, Floor 1, Block 1, Marine Parade, Brighton, BN2 1TJ

Use by:

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### Ingredients

Tofu\* (Water, **Soya Beans\*** (36%), Nigari).  
For allergens see ingredients in **BOLD**.  
\* Denotes organic ingredients.



### Typical Value Per 100g Cooked

Energy (kcal)	145
Energy (KJ)	604
Protein	16.5
Carbohydrates	1.1
Of which sugars	0.5
Fat	7.8
Of which saturates	1.2
Fibre	1.9
Salt	0.06

Available in 450g and 1kg formats.

Get in touch: [foodservice@tofoo.co.uk](mailto:foodservice@tofoo.co.uk)

